



Teesside Rehabilitation Service Developments

August 2019

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Current Tees Rehabilitation Provision

- Lustrum Vale, Stockton - 20 Bed mixed ward
- Kirkdale, Roseberry Park – 16 beds (8 Teesside beds)
- Small rehabilitation Community Team (RCT), based at Lustrum Vale
- RCT operational hours 9-5 Monday-Friday
- RCT takes referrals from adult acute admission wards, community mental health teams and rehabilitation wards to support discharge to community

Current Proposals for Change

- Maintain 20 bed inpatient unit at Lustrum Vale
- Significantly enhanced the rehabilitation Community Team staffing by utilising current workforce in a different way.
- Extend Community Team operational hours to 8am-8pm 7 days/week

Development activity/events

- Quality improvement remodelling event held in 2017 to develop the future service vision in conjunction with service users and carers
- Range of training activity to enable staff to work with the wide range of complex cases and diagnoses beyond the traditional “rehabilitation” profile
- Use current staffing flexibilities to enable a test of approach to support service users in the community

Engagement

- Carer and service user involvement in remodelling Quality Improvement event
- Service Users actively involved in providing ideas and feedback
- Wards have weekly mutual help meetings to encourage ongoing input
- A focus group of service users and carers has been developed to support and inform the planned ongoing service developments

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Impact and outcomes for service users and carers

Case Studies

- “I can really see the benefit from the RcT input – it really helped my son but it also helped me, it has really taken the pressure off me and we can have a better Mum / son relationship”.
- “I think getting to know my son when he was on the ward helped – you got to know him and built trust so that he wasn’t scared to do things when he left. He’s going swimming and to the gym and is also doing things for himself in the home which takes the pressure off me. I think the time you have been able to give really helped, I don’t think I could have managed him at home without you helping”